

Oxford Pregnancy Center

Instructions for Ultrasound Appointment

Please arrive on time for your appointment. If you are unable, please call us so that we can adjust the schedule accordingly.

Empty your bladder then drink 32 ounces (2 water bottles) of water one hour before your appointment.

If at any time you experience any of the following symptoms, you are advised to seek immediate medical care through an emergency room or your personal healthcare provider. The Oxford Pregnancy Center will not perform an ultrasound if any of these conditions occur. The OPC is not equipped to handle emergency conditions.

- *Abdominal or pelvic pain*
- *Vaginal bleeding*
- *Shortness of breath*
- *Dizziness or lightheadedness*